

What's happening?

Dear Viewer,

Thank you for partnering with me to learn more about:

- Anti-Asian hate crimes
- The history and harm of the model minority myth
- The importance of solidarity and interruption
- Of allyship and co-conspiratorship
- Implications on our work of preparing and supporting reflective, empathetic, and empowered young people.

Please take some time to view the speaker notes as you click through.

Jamie S.

Hate crimes against Asians have increased by

1,900%

Since COVID-19 (NYPD)

2,700

Anti-Asian American hate incidents were reported
between March and October 2020

PBS Newshour Panel

PBS NewsHour's Amna Nawaz, AAPI activist [Helen Zia](#) and [Rise](#) founder Amanda Nguyen take questions discuss the history of AAPI hate crimes and how communities are responding.

Link to [Article](#)

March 4, 2021



The Racism Virus: Anti-Asian Attacks Surge | NBC News NOW



Asian Hate Crimes are Nothing New

“The Muddled History of
Anti-Asian Violence”

March 1, 2021

The New Yorker

[Link](#)



It's difficult to describe anti-Asian racism when society lacks a coherent historical account of what it actually looks like. Photograph from SOPA / Alamy

Model Minority

The Model Minority Myth

“What is the Model Minority Myth?” Learning for Justice article March 21, 2019

[Link](#)

The media's
role in
perpetuating
the MMM.
August, 1987



The Model Minority Myth

A narrative based on stereotypes:

“This myth characterizes Asian Americans as a polite, law-abiding group who have achieved a higher level of success than the general population through some combination of innate talent and pull-yourselfes-up-by-your-bootstraps immigrant striving.”

Why is it harmful?

Like all stereotypes, the model minority myth erases the differences among individuals.

The model minority myth ignores the diversity of Asian American cultures.

The model minority myth operates alongside the myth of Asian Americans as perpetual foreigners.

The model minority myth erases racism against Asian Americans.

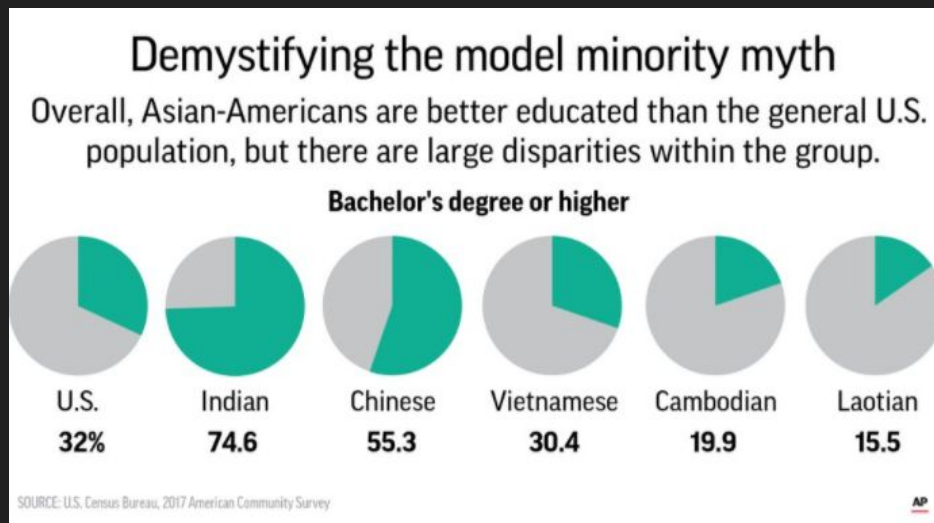
The model minority myth is harmful to the struggle for racial justice.

Dismantling the Myth

Understand that the collective is important while individual differences still exist.

Feature Asian American figures and texts in your classroom.

Raise awareness in yourself and others.



The Model Minority Myth

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[Link](#)

‘Model Minority’ Myth Again Used As A Racial Wedge Between Asians And Blacks”
Code Switch article April 19, 2017 [Link](#)

“ Asian Americans Are Still Caught in the Trap of the ‘Model Minority’ Stereotype.
And It Creates Inequality for All” Article by Viet Thanh Nguyen - June 2020 Time
Magazine [Link](#)

Asian Americans Series PBS Part 3 “Good Americans” Available only with PBS
Passport [Link](#)

Solidarity

Black and Asian Solidarity

This [page](#) has several links to readings and resources about how Blacks and Asians have supported each other in movements for social change.

Despite a history of distrust and the wedge that Model Minority myth has created along with anti-black racism and colorism within the Asian community, there have been and are currently movements of solidarity especially after the murder of George Floyd. 3/17 **NEW article in speaker notes.**



NEW SLIDE *Getting Unstuck: Standing in Solidarity a Processing Conversation*

**Bright Morning Podcast,
February 12, 2021**

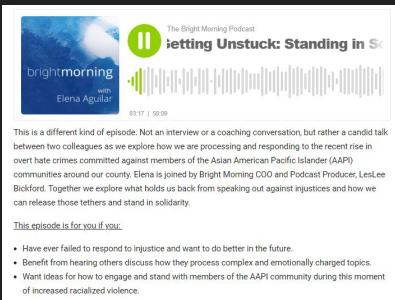
Last spring, PPS offered one of Elena Aguilar's PD courses.

This podcast was shared with me by a colleague.

"This is a different kind of episode. Not an interview or a coaching conversation, but rather a candid talk between two colleagues as we explore how we are processing and responding to the recent rise in overt hate crimes committed against members of the Asian American Pacific Islander (AAPI) communities around our county. Elena is joined by Bright Morning COO and Podcast Producer, LesLee Bickford. Together we explore what holds us back from speaking out against injustices and how we can release those tethers and stand in solidarity."

This episode is for you if you:

- **Have ever failed to respond to injustice and want to do better in the future.**
- **Benefit from hearing others discuss how they process complex and emotionally charged topics.**
- **Want ideas for how to engage and stand with members of the AAPI community during this moment of increased racialized violence.**



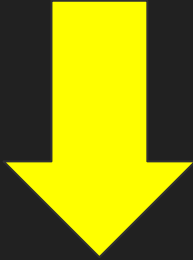
← **Linked here**

When it hits close to home

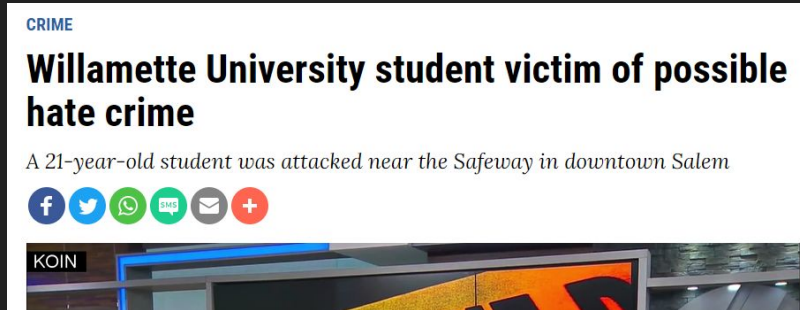
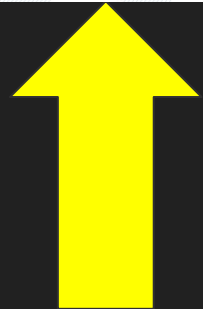
Willamette University Student Victim of Possible Hate Crime

Link to KOIN [article](#) Link to KGW [article](#)

Link to [response](#) from Willamette University Office of Student Affairs



When does it
become more than
a story on the
news?



What can you do?

“How to support Asian American colleagues amid the recent wave of anti-Asian violence” [Link](#) to NBC article Feb. 2021

The article is helpful, but also it helps to know how your friend, family member or colleague would like to be supported.

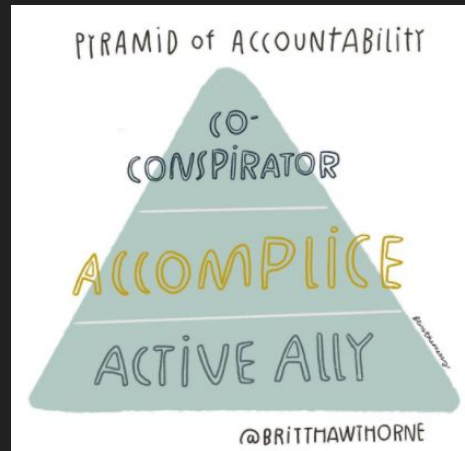
My ally/accomplice/co-conspirators:

- Read and learn about the issues. They try to do this on your own without necessarily asking you for help.

- Provide an open door: They email or text me and they ask if I need to check in by phone or Meet.

- They encourage me to connect with my family and community and also take care of myself and my mental health.

- They understand that not all the ways of supporting or caring are going to be the same each time I need support or care.



Resources About Anti-Asian Violence

- Medium article [On Anti-Asian Hate Crimes: Who Is Our Real Enemy?](#)
- [What You Can Do About Anti-Asian Violence](#): A new surge of anti-Asian attacks comes nearly a year after COVID spawned increased vitriol toward people of Asian descent across the country
- [Congressional Asian Pacific American Caucus \(CAPAC\)](#): Hate Crimes Tool Kit and Messaging Guidance on China
- [Bystander Intervention to Stop Anti-Asian/American Harassment and Xenophobia Workshop](#) The one-hour, interactive training will teach you Hollaback!'s 5D's of bystander intervention methodology.
- Website - [Asian Americans Advancing Justice](#)
- [Stop AAPI Hate](#): A website with resources and reporting tools in multiple languages from the Asian Pacific Planning and Policy Council, Chinese for Affirmative Action and the Asian American Studies Department of San Francisco State University

As an Educator...

Ithaca College:

Working to Improve Schools and Education (WISE)

Link to [page](#) on Asian American Experience, Issues and Resources.

This site has pages with several articles linked on a number of topics and issues in education.



Mental Health Concerns

Mental Health & Service Center

<http://www.ahscpdx.org>

AHSC provides a safe and culturally sensitive place for Asians who seek mental health care. It is a culturally competent and linguistically appropriate service that is offered in Cantonese, English, Korean, Mandarin or Taiwanese. All staff members of the mental health program are multilingual and multicultural professionals who have extensive experience in the field. Services include:

- Psychiatric evaluation and medication management
- Individual, couple, family, and group therapy
- Individual and group skills training
- Case management
- Socialization activities

Beaverton Office
3800 SW Cedar Hills Blvd. #196,
Beaverton, OR 97005
Phone: 503-772-5880
Fax: 503-872-8825

Portland Office
9035 SE Foster Rd,
Portland, OR 97266
Phone: 503-872-8822
Fax: 503-872-8825

Yu Miao Chinese Preschool
5239 SE Woodstock Blvd,
Portland, OR 97206
Phone: 503-775-3767
Fax: 503-872-8825

Mental Health Resources Continued

A mental wellness activity
[BOOK](#) for Asian
Americans by
#IAmNotAVirus campaign

Lunch Box Incident

Many can relate to the “Lunch Box Incident” - that moment where you bring your lunch or snack to school or work and someone responds with “What is THAT?”

Use this space to unapologetically create your lunch. Use drawings, lists, big fonts, printed pictures, food labels, etc. This space is yours.

WHAT WAS IN YOUR LUNCHBOX THEN



Support and Wellbeing Resources

[Lines for Life](#): Racial Equity Support Line

[The Steve Fund](#) is dedicated to the mental health and emotional well-being of students of color and has developed specific resources around COVID-19.

Here are some [tool kits](#) on Surviving and Resisting Hate, from the Immigration, Critical Race, and Cultural Equity Lab

What do you see?

Ways to engage and reflect

“Rise in anti-Asian American hate crimes may lead to mental health crisis”

[Link](#) ABC March 7, 2021

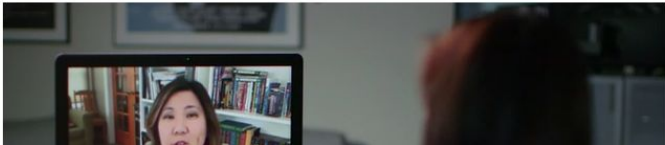
The video in this article is about 10 minutes long and is pretty comprehensive. It touches on several topics covered in this slide show. If affinity groups, departments, staff, or classes have 10 minutes to want to watch something together and respond, I recommend this one.

Rise in anti-Asian American hate crimes may lead to mental health crisis

“He started saying, ‘Go back to China,’ and started spitting all over me.”

By **Dr. Mishal Reja**

March 7, 2021, 7:33 AM • 5 min read



Possible ways to enter the conversation/reflection questions:

What did you see? What did you hear?
What did you feel? What do you want to know more about? What will you do?

Reporting

How to Report

If you believe you are the victim of a hate crime or believe you witnessed a hate crime:

Report the crime to your local police here are all the links to the #'s

<https://www.doj.state.or.us/oregon-department-of-justice/bias-crimes/reporting-bias-crime-to-law-enforcement/>

Report through these nonprofit organizations

<https://oregoncahc.org/report-a-hate-crimeincident/>

<https://stopaapihate.org/>

Thank you for listening.

We are more powerful when we don't discriminate

